Specific instructions for solving the word search puzzle are provided in the image. The puzzle contains a grid of letters where words are hidden in various directions: forward, backward, up, down, or diagonally. The words to find are listed below the grid, and they must be circled once found. Many words overlap, and the objective is to cross off all the words in the list below the grid. Once this is done, the remaining letters spell out the 'Last Word' answer for the puzzle.